

THE GEORGE
WASHINGTON
UNIVERSITY
MEDICAL CENTER

School of Public Health and Health Services

**Master of Science (MS) Exercise Science
Assistantship Application Packet**

**Department of Exercise Science
Building K, Room 202
817 23rd Street, NW
Washington, DC 20052
Phone: 202-994-6280
Fax: 202-994-1420
Email: alexbld@gwu.edu**

Announcement of Graduate Assistantship Openings

The George Washington University Department of Exercise Science is pleased to announce several Graduate Assistantship openings. All applicants to the School of Public Health and Health Services (SPHHS) Master of Science in Exercise Science (MSES) are invited to apply. However, assistantship offers may be accepted only by applicants who are admitted to the SPHHS MSES department.

Admissions Application and Information

Please contact the SPHHS Office of Admissions for an Admissions Application and information about the three MSES academic specializations (1. Clinical Exercise Physiology and; 2. Exercise, Nutrition and Eating Behavior, and Strength and Conditioning). Competitive applicants will have earned a bachelors degree from an accredited college or university with a minimum grade point average of 3.0/4.0 scale. The Admissions Application Instructions outline the materials that you are required to submit and the admissions application deadlines for each semester. Please submit your application (SOPHAS and SPHHS Secondary Application) in January to be assured of full consideration for assistantships.

Office of Admissions

202 Ross Hall

2300 I Street, NW

The George Washington University

Washington, DC 20037

Phone: 202.994.2160

Fax: 202.994.1850

Email: sphhsinfo@gwumc.edu

Web: <http://www.gwumc.sphhs/admissions>

Graduate Assistantship Information

The Graduate Assistantship (GA) Application deadline is March 15, preceding the semester the assistantship would begin. Full time Graduate Assistants receive annual tuition benefits for 18 semester credits and receive an additional \$8,000 to help defray the costs of housing and other expenses. Part time Graduate Assistants receive annual tuition benefits for 9 semester credits and receive an additional \$4,000 to help defray the costs of housing and other expenses.

Return your GA Application, letters of recommendation, and resume to:

Department of Exercise Science

School of Public Health and Health Services

The George Washington University

817 23rd Street, NW

Washington, DC 20052

Phone: 202.994.6280

Fax: 202.994.1420

Graduate Assistantship Assignments

Graduate Assistantship assignments are made based on the applicant's qualifications. There are six GA assignment categories with a total of 16 ½ assistantships available:

1. Undergraduate Exercise and Sport Activity Classes – 3 ½
2. Undergraduate Exercise Physiology Lab – 1
3. Undergraduate Anatomy/Physiology Lab – 1
4. Health and Wellness Center Supervisor – 8
5. Athletic Training Education Program – 2
6. Exercise, Research, and Service Programs – 1

1. Undergraduate Exercise and Sport Activity Classes (3 ½ assistantships)
 - ◆ Create course outlines
 - ◆ Instruct activity classes
 - ◆ Test and evaluate students
2. Undergraduate Exercise Physiology Lab (1 assistantship)

Familiarity with exercise testing and fitness assessment protocols and possess and maintain the technical skills and competencies that are required to operate all of the laboratory equipment (exercise testing systems, treadmills, cycle ergometers, gas analysis systems, pulmonary function testing, blood analyzers, and body composition analysis systems).

 - ◆ Teach undergraduate and physical therapy exercise physiology labs
 - ◆ Conduct, under supervision, sub-maximal and maximal exercise tests (fitness and clinical)
 - ◆ Troubleshoot technical problems with the equipment and coordinate necessary equipment repairs
 - ◆ Order necessary laboratory supplies and maintain the required inventory of supplies
 - ◆ Work in the Men's Fitness Program and in the cardiac rehabilitation maintenance program (LIFE)
3. Undergraduate Anatomy/Physiology Lab (1 assistantship)
 - ◆ Create labs that stimulate students to learn more about anatomy and physiology in an active, applied learning environment
 - ◆ Create tests that assure reliable and valid measurement of students' knowledge
 - ◆ Schedule regular office hours to assist students who may need additional help
4. Health and Wellness Center Supervisor (total of 5 available assistantships at the Health and Wellness Center, [3 assistantships in Aquatics])
 - ◆ Supervise Health and Wellness Center – responsibilities vary
5. Athletic Training Education Training Program (2 available assistantships)
 - ◆ Teach undergraduate Care and Prevention, Physical Assessment, Therapeutic Exercise and Therapeutic Modalities Labs
 - ◆ Supervise undergraduate athletic training students in the clinical environment
 - ◆ Work with student athletes/sports as assigned by the program director and head athletic trainer
 - ◆ Organize and schedule in-service presentations
 - ◆ Schedule office hours to assist students
 - ◆ Inventory athletic training lab equipment
 - ◆ Other duties as assigned within the CAAHEP undergraduate Athletic Training program
6. Exercise, Research, and Service Programs (1 available assistantship)
 - ◆ Supervise exercise sessions
 - ◆ Conduct research-quality exercise testing
 - ◆ Evaluate test results
 - ◆ Prepare exercise prescriptions
 - ◆ Monitor interns
 - ◆ Contribute to informational bulletin board and newsletter
 - ◆ Administrative Duties
 - ◆ Special projects

School of Public Health and Health Services

Master of Science in Exercise Science

Graduate Assistantship Application

Instructions – Application postmarked deadline is March 15

This application, your resume, copy of college transcripts, and at least 2 letters of recommendation must be sent to:

Department of Exercise Science
School of Public Health and Health Services
The George Washington University
817 23rd Street, NW
Washington, DC 20052

Phone: 202.994.6280
Fax: 202.994.1420

1. Name		2. SSN or GW ID		3. Date	
4. Address		5. Phone		6. E-mail	
<p>7. Applying for the Following GA Positions</p> <p><input checked="" type="checkbox"/> All that apply</p> <p><input type="checkbox"/> Undergraduate Exercise and Sport Activity Classes <input type="checkbox"/> Undergraduate Exercise Physiology Lab <input type="checkbox"/> Undergraduate Anatomy/Physiology Lab <input type="checkbox"/> Health and Wellness Center Supervisor (General) <input type="checkbox"/> Health and Wellness Center Supervisor (Aquatic) <input type="checkbox"/> Athletic Training Education Program <input type="checkbox"/> Exercise, Research, and Service Programs</p>			<p>8. Current Certifications</p> <p><input checked="" type="checkbox"/> All that apply</p> <p><input type="checkbox"/> Lifeguard <input type="checkbox"/> WSI <input type="checkbox"/> CPR <input type="checkbox"/> ACSM <input type="checkbox"/> IDEA or ACE <input type="checkbox"/> NSCA <input type="checkbox"/> Teaching (see questions 9-10) <input type="checkbox"/> Certified Athletic Trainer <input type="checkbox"/> Other specify</p>		
<p>9. Teaching Certification</p> <p>Name/Type of Teaching Certification _____</p> <p>States Certified _____</p> <p>Expiration Date _____</p> <p>Grade Levels _____</p>			<p>10. Teaching Certification Subjects</p> <p>List subjects in which you are certified:</p> <p>Are you qualified to teach exercise and sport activities? <input type="checkbox"/> No <input type="checkbox"/> Yes – list activities and grade levels</p>		
<p>11. References</p> <p>At least two letters of recommendation from individuals who can attest to your scholarship, teaching ability, or work experience must be required. The letters may be included in sealed envelopes with your recommenders' names across the seal and sent with this Assistantship Application or they may be sent by the recommender to the Department of Exercise Science office (address above) postmarked by March 15. List your recommenders here:</p>					
Name of Recommender		Position		Contact Information	

12. Education	College or University	Major	Dates	GPA	Degree

13. Honors, Positions of Leadership, Co-Curricular Activities

14. Work/Internship Experience

15. Graduate School application status

- I have not yet applied for admission to the GWU Graduate School
- I have sent my Graduate School Application to the GWU admissions office
- I have been accepted to the Master of Science in Exercise Science degree program at GWU
- I have made a commitment to attend GWU and sent my *Declaration of Intent* with my enrollment deposit

16. Candidate statement – In a paragraph or two please state your reasons for applying to GWU

Return this form with your GA Application if you are applying for a position to teach Exercise and Sport Activities.

Name _____ SSN or GW ID _____

Sport/Activity Content Area	Your Teaching Proficiency	Your Motivation to Teach
Aerobics	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Basketball	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Beginning Swimming	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Swimming	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Conditioning and Weight Training	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
CPR and First Aid	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Life Guarding Instructor	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Tennis	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Volleyball	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)

Name _____ SSN or GW ID _____

Soccer	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Yoga	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Pilates	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Other (specify)	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Other (specify)	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Other (specify)	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Other (specify)	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)
Other (specify)	<input type="checkbox"/> High <input type="checkbox"/> Above Average <input type="checkbox"/> Average <input type="checkbox"/> Limited <input type="checkbox"/> Unqualified to teach	<input type="checkbox"/> High <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Limited (will teach if necessary) <input type="checkbox"/> Low (will not teach)